

Support Group with Shauna



(Peer-Led Group)



Wednesdays 12:00pm



Starts & Ends On-time!

Due to time & space sensitivity you will not be allowed to join this group late. Thank you for your understanding.





TOPIC & DISCUSSION

Topics will include: recovery, wellness, coping skills, positive communication & more!





INNOVATIONS COMMUNITY CENTER

Mon - Fri <u>8:00am</u> - <u>2:00pm</u> Or by appt.





